## Tektites Celetial Defense

Breathe in and out for a few moments. When you feel ready, begin to visualize a white light enveloping you and your home. Place the items beneath your mat and speak.

"For my home, a haven of comfort and light, I preserve and protect you through day and night. Ensuring no harm crosses over your threshold; I do this for you, so mote it be."

Say this a few times till you feel the charm has set. Now you are done.

If you have an apartment, you can still spread the ingredients over your threshold and put the Crystals anywhere near your door.